

SACRED HEART

JUNIOR HIGH FOOTBALL CAMP

2024

Sacred Heart is having hosting a Junior High Football camp to build and develop the fundamental skills that all football athletes need.

Skills taught

- Passing
- Catching
- Blocking
- Tackling
- Basic route running

Cost per athlete will be \$45

Please have your athlete bring a water bottle and wear athletic clothing

Football cleats are not required but encouraged

July
22nd - 25th

Sacred Heart
High School

10am - Noon

Open for the 2024-2025 4th -8th
grade students

If your child wants to attend the Sacred Heart Junior High Football camp please fill out and return the bottom portion of this flier to the school office or a Sacred Heart Coach.

Students name: _____

Students grade for the 2024-2025 school year: _____