



**SACRED
HEART**
CATHOLIC CHURCH

The Good News!

714 NORTH MAIN • MUENSTER, TX • FEBRUARY 2026



A view of Sacred Heart Parish grounds during the late January 2026 ice storm.

THANK YOU to ALL who volunteered to shovel the campus and assisted during the inclement weather!



A Note from Fr. Hoodenpyle

In ancient times, God established the humble shepherd, David, as king of Israel and promised that his kingdom would endure forever. He did this in his characteristic way, not through David's own power and prowess, but through his meekness. When David faced Goliath in battle, the scriptures tell us that he chose not to wear armor, but ordinary shepherd's clothes, and God prevailed in him.

The holy season of Lent begins this month.

We are called to prepare for a similar kind of battle not against the giant, Goliath, but against the world, the flesh, and the devil. The tools which God gives us for this battle are also clothed in meekness. Our opening prayer for the mass of Ash Wednesday asks God to grant "that we may begin with holy fasting this campaign of Christian service, so that, as we take up battle against spiritual evils, we may be armed with weapons of self-restraint."

As you prepare to enter the battle of holy Lent, consider what penances of fasting, prayer, and almsgiving will best assist you in establishing the self-restraint for which we pray. If you engage in this season with your whole heart, God will prevail in you as he did in David, and you will share in the glorious victory of Easter.

-Fr. Hoodenpyle




WHAT'S INSIDE?

- KAFFEE & STRUDEL
- CELEBRATING EPIPHANY
- PREPARING FOR LENT
- UPCOMING EVENTS

What's happening at Sacred Heart?



Catholic Daughters #249 hosted a great Kaffee & Strudel event for parishioners on 1/18.


SACRED HEART
 CATHOLIC CHURCH

KAFFEE & STRUDEL
fellowship, fresh coffee & pastries
 — Sunday, Feb 15 —
 after 8am Mass
 @ the SH Cafeteria

Kaffee & Strudeling!

On Sunday, January 18th, Catholic Daughters held a Kaffee & Strudel event for parishioners after 8am Mass. Everyone enjoyed fellowship, fresh coffee, breakfast items, pastries, and strudel. Join us for the next one on Sunday, Feb 15th after 8 am Mass to 10:15 am at the Sacred Heart Cafeteria!



Celebrating the 2026 Epiphany at Sacred Heart



Fr. Hoodenpyle blessing chalk on the Epiphany (1/26).

How to Bless Your Home on the Feast of the Epiphany

Begin by having all family members gather outside the front door. All make the Sign of the Cross. One person will read the prayer.

Leader: Praise be to this house.
 All: And to all who call here.

Leader: From the east came the Magi to Bethlehem to adore the Lord, and opening their treasures they offered precious gifts: gold for the great King, incense for His true God, and myrror in remembrance of His burial.

Children: Chanting Hail, sprinkle the steps of your door with the blessed Virgin Mary in Luke's Sanctus. Then sing: *Glory to God in the highest, and on earth peace to those who love the Lord and opening their treasures they offered precious gifts: gold for the great King, incense for His true God, and myrror in remembrance of His burial.*

Leader: Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation. All: But deliver us from evil.

Leader: All: Glory to God in the highest.

All: Singing gold and frankincense.

Leader: O Lord, hear my prayer.

All: And as for my sins unto Thee.

Leader: Let us pray. O God, who by the guidance of a star didst on this day manifest Thine only-begotten Son to the Gentiles, grant that we who know Thee by faith may also attain the vision of Thy glorious majesty. Through Christ, Our Lord.

Leader: Be enlightened, be enlightened. O Jerusalem, for Thy Light is come, and the glory of the Lord is risen upon thee — Jesus, All: And the Gentiles will adore in the splendor of Thy ring, and the glory of the Lord has risen upon thee.

Leader: Let us pray. Bless, O Lord, God almighty, both home, that in it there may be heard, surely, the strength of victory, humbly, the blessing remain upon this home and upon all who dwell herein. Through Christ, Our Lord.

All: Amen.

After the prayers are recited, walk throughout your home sprinkling each room with holy water. Then write the initials of the Magi consecrated with incense at the top of your front door. Follow by the numbers of the year. The numbers will be left so that they are on each side of the 20 + C + M + B + 26.

This is a historic tradition at the beginning of each year, a way to invite God into your home and place your family under His protection.

20 + C + M + B + 26

"The Magi show us that faith is born of desire for God and readiness to undertake a journey."

- Pope Benedict XVI



LENT

PRAYER • FASTING • ALMSGIVING

MISSION



Join us at Sacred Heart Parish
for a Lenten MISSION on Prayer!

- Led by Fr. Hoodenpyle -

Mon, Mar 2 | 7-8pm | SH Church

Tues, Mar 3 | 7-8pm | SH Church

Wed, Mar 4 | 7-8pm | SH Church

PRAY



Stay in Constant Prayer

- Pray continually throughout the day
- Attend Lenten MISSION sessions
- Nourish your faith through FORMED
- Recite the Rosary as a family

Go to Confession

- Wednesday: 3:30pm - 4:30pm
- Saturday: 3:30pm - 4:30pm
- Fridays during Lent: 4pm - 6pm

Reflect on Stations of the Cross

- Fridays during Lent at 6pm in Church
- Good Friday: Live Stations on Parish Grounds at 1:45pm

Attend Mass more often

- Saturday (Vigil): 5pm
- Sunday: 8am & 10:30am
- Mon, Tues & Fri: 8am
- Wednesday: 6pm
- Fridays during Lent: 6:30am

Devote time to Adoration

- Wednesday: 9am-6pm in Chapel
- Friday: 9am-6pm in Chapel
- First Friday: 9am-6pm in Church



FASTING

Observe the Days of Fasting

- Ash Wednesday and Good Friday

Observe the Days of Abstinence from Meat

- Ash Wednesday and Good Friday
- All Fridays of Lent

Make a Sacrifice and Stick to it

- Commit to stopping a sin you've been struggling with
- Give up something you desire like social media, screen time or certain food or drinks

GIVE



Help those in Need

- Give to local charities like ABBA or Sacred Heart Food Pantry

Give your Time, Talents & Treasures

- Make donations to help the Church, School or Carmelite Monastery
- Volunteer time in the community or sign up for a Parish ministry

Get FORMED - FREE for SH Parishioners!

formed[™]
Forming Catholics for Life.



Prepare for Lent through FORMED, with video series such as: **Living Lent as a Family**, **A Lent to Remember**, and **How to Lent**. All provide a deeper understanding of the Lenten season, while encouraging us to think beyond our normal Lenten sacrifices to something that will truly help us grow in our faith. It also offers great Lenten media for children!

Already have an account?

- ✓ Visit FORMED.org
- ✓ Enter your email
- ✓ Click the link in your email
- ✓ You're in! No more passwords!

Registering is easier than ever!

- ✓ Go to FORMED.org/signup
- ✓ Enter 76252 for parish zip, or select - Sacred Heart 212 E 6th St Muenster TX
- ✓ Enter your name and email

Do you want **\$10,474**

child for next year's tuition?

APPLICATIONS OPEN FEB 4!

BONUS: Get a \$250 credit per student towards 2026-27 tuition for simply applying!

*(*Must provide SHCS with proof of application.)*



APPLICATION HELP SESSIONS!

We're here to help you apply! Applications take 5 minutes or less to complete and most are done on mobile devices. Join us in the SH High School Library for assistance in applying on the following dates. Devices will be provided!



- > **Wednesday, February 4 (6:30–7:30pm)**
- > **Thursday, February 5 (6:30–7:30pm)**
- > **Saturday, February 7 (9:00–10:00am)**



Or, by appointment by contacting Lydia Springer at lydia.springer@shmuenster.com or 940-759-2500 (Ext *)

SACRED HEART CATHOLIC SCHOOL

SACRED HEART CATHOLIC CHURCH
212 EAST 6TH STREET
MUENSTER, TEXAS 76252

POSTAL CUSTOMER
MUENSTER, TX 76252

NONPROFIT ORG.
U.S. POSTAGE
PAID
MUENSTER, TX
PERMIT NO. 3

ECRWSS



714 N. Main St, Muenster, TX 76252

Pastor Austin Hoodenpyle
Deacon Gary Endres
Deacon Marty Robertson

Parish Office & Mailing Address:
212 E. 6th St, Muenster, TX 76252

Open Mon - Fri (8am - 4pm)
(940) 759-2500

Website: <https://shmuenster.com>

Upcoming Events at Sacred Heart!

KC FIRST LENTEN FISH FRY

Fri, February 20th



Everyone's invited to the KC Hall at 5pm for the first Fish Fry of the Lenten season, hosted by KC #1459.

KC MEN'S RETREAT - "What it means to be the Spiritual Leader of the Family"



Sat, February 21st

Begins with 8am Mass at Sacred Heart Church, followed by the retreat in the KC Hall to 3:30pm. Retreat is free and open to all men in the parish. Breakfast and lunch to be provided at no cost. Space is limited—register by Feb. 16. To register, contact Cliff Sicking @ 940-284-2708 or csicking@ntin.net or Gary Endres @ 940-736-5635.

IGNATIUS BOOK FAIR

Mon - Fri, February 9-13



The Ignatius Book Fair returns to SH Community Center featuring a wide selection of Catholic and secular books that inspire learning and faith!

Schedule:

- Feb 9 (Afternoon): SH staff preview
- Feb 10 (9am–3pm): SH students & staff
- Feb 11 (9am–3pm): SH students & staff
- Feb 11 (5:30–8pm): Faith Formation students & parents
- Feb 12 (9am–3pm): Open to all parishioners
- Feb 13 (1pm–3pm): Open to all parishioners

Online shopping available (store.ignatiusbookfairs.com); select 'Sacred Heart Catholic School' to support SH through purchases.